

THERE'S A FIRST TIME FOR EVERYTHING

Write down a few words (who, what, when, where, etc.) about each "First" in the list. Write whatever comes to mind. Don't write a story, just memory joggers. Skip items that don't spark a memory now or that do not apply to you. You may think of something later.

First Best Friend

First Day of School

First Airplane Ride

First Recital

First Kiss

First Dance, First Formal Dress

First Sexual Experience

First Car

First Paycheck

First Apartment/Home of Your Own

First Grandchild

First Boyfriend/Girlfriend

First Time Away from Home (without your parents)

First Boss/Job

First Pet

First Baby

First Movie You Remember Seeing in a Theater

Other first: _____